

Keynotes & Workshops



LAUGHING MATTERS! MANAGING TO HAVE FUN

How to increase workplace productivity, morale and wellness by having fun. Laughter guaranteed.



DIFFICULT CONVERSATIONS: SHIFT HAPPENS!

Understanding, dealing with and coping with "difficult" people; the art of conflict resolution.



JUST WHEN I THOUGHT I HAD IT ALL TOGETHER – SOMEBODY MOVED IT!

Understanding and handling the responsibilities and impact of uncertainty, restructuring, transition and change.



SIX THINKING HATS

How to enrich your meetings through use of six different thinking skills for decision-making and problem-solving.



BETTER THAN MONEY

You get what you reward. Get the best effort from others not by lighting a fire beneath them but by building a fire within them. Make reward and recognition memorable and fun!



THE DANCE OF EQUILIBRIUM: BALANCING WORK AND LIFE

Who is leading in your Dance of Equilibrium? Are you driven at work by the "tyranny of the urgent"? Do you have time for friends, family, fun and You? Identify your "First Things" at work and in life; commit to making the changes that will bring You into balance.



THE JOY OF GIVING

How kindness and generosity will improve productivity, heighten team spirit and lengthen your life.

More Workshops & Facilitation



TEAMWORKS: BUILDING YOUR SELF-AS-TEAM

Make your team a high performing team. Building cohesive work-teams: how we think, what we do, what we need to achieve ultimate performance.



LEAD INDEED!

A situational approach to managing people; leadership strategies based on direction and support.



HAVING FUN IN TRAINING: GET F.I.T.

Everything you always wanted to know about keeping trainees awake and involved but were afraid to try.



PAPERPOWER

Is your team fraught with disorganization and losing time, money and energy because of it? Get rid of the piles and develop a team-based customized system for staying organized and in control.



DYNAMIC MEETING FACILITATION: BRAINSTORMING FOR BUY-IN

Develop strategic imperatives, prioritize issues and do action planning inclusively, creatively and efficiently.

Carol Ann Fried is passionate and committed to bringing playfulness and laughter into the workplace. Creative, practical and entertaining, she is a master trainer and sought-after keynote speaker.

