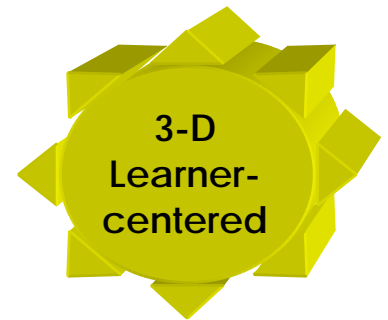
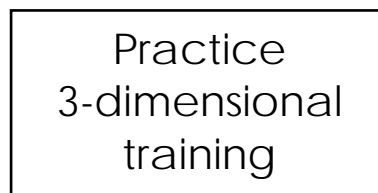
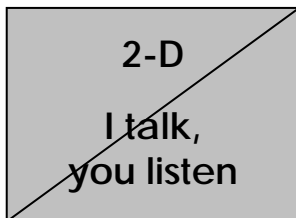


# Having **FUN** in Training Get F.I.T.

“The tendency of most trainers is to focus too much on what gets taught rather than what gets learned”.  
— Carol Ann Fried



At this  
workshop  
you will...

- ☞ Learn how to read and vary energy levels at any given time.
- ☞ Experiment with and invent a variety of icebreakers, energizers and warm-up activities that run from low-risk to high-risk, and that are both cognitive and experiential.
- ☞ Learn how to design content material for left-brain and right-brain learning activities.

You  
will  
leave  
with...

- ☺ Improved skills.
- ☺ New perspectives.
- ☺ Lots of innovative ideas to create and direct the activities necessary for a successful seminar, presentation, workshop or training event.
- ☺ 101 3-dimensional training structures and technologies that maximize enthusiasm, involvement and motivation.